

# BIOWELL TERRAFAST 500MG TABLET

Paracetamol (500mg)

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### 1. What is Terrafast used for

Terrafast helps to relieve fever, mild to moderate pain including: headache, migraine, backache, musculoskeletal pain, myalgia, dysmenorrhoea (period pain), pain of osteoarthritis, toothache, and the discomfort from colds, influenza and sore throats.

### 2. How Terrafast works

Terrafast contains the active ingredient paracetamol which is a painkiller and also reduces your temperature when you have a fever. It is absorbed fast by the body which means it can take action in a short time.

### 3. Before you use Terrafast

#### -When you must not use it

- If you have ever had allergic reaction to paracetamol or any of the other ingredients in this product.
- If you are taking any other medicines containing paracetamol.
- If you had severe and active liver problem.

#### -Before you start to use it

Check with your doctor

- If you suffer from liver or kidney problems, including alcoholic liver disease.
- If you suffer from mild arthritis and need to take painkillers every day.

#### -Taking other medicines

Please talk to your doctor or pharmacist, if you are taking any of the medicines below:

- blood thinning medicines (anticoagulants e.g. warfarin)

- pain relievers on a daily basis
- If you have recently taken any other medicines, including medicines obtained without prescription.

#### Pregnancy and breast-feeding

Use in pregnancy:

- Considered to be the analgesic of choice in pregnant patients.
- Although it crosses placenta, paracetamol is considered to be safe in normal therapeutic doses for short-term use as a minor pain or fever in pregnancy.

Use in Lactation:

- Exist in breast milk if use paracetamol during lactation by mother.
- Use of paracetamol in normal therapeutic doses does not harm the nursing infant.

#### Driving and using machines

Terrafast is unlikely to impair a patient's ability to drive or use machinery.

### 4. How to use Terrafast

#### -How much to use

Adults: Take 1 to 2 tablets for 3 to 4 times a day.

Maximum: 8 tablets per day.

Not recommended for children.

#### -When to use it

Use as directed by your doctor or pharmacist.

#### -How long to use it

The duration of treatment with Terrafast is determined by your doctor.

#### -If you forget to use it

Take the next dose at the usual time. Do not take a double dose to make up for a forgotten dose.

#### -If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent

medical attention.

Symptom of paracetamol poisoning may include vomiting, sweating or abdominal pain. Overdose can cause liver damage.

### 5. While you are using Terrafast

#### -Thing you must do

Keep this leaflet. You may need to read it again. If you have any further questions, ask your doctor or pharmacist

#### -Things you must not do

- Do not pass Terrafast to others. It may harm them, even if their symptoms are the same as yours.
- Do not take any other paracetamol containing medicines at the same time.

#### -Things to be careful of

Do not take more than the recommended dose. If your symptoms persist or your headache becomes persistent, meet your doctor.

### 6. Side Effects

Adverse effects of paracetamol are rare and usually mild, although reactions involving blood disorder have been reported. Skin hypersensitivity reactions including skin rashes, angioedema, Stevens Johnson Syndrome/ Toxic Epidermal Necrolysis have been reported.

**Allergy alert:** Paracetamol may cause severe skin reactions. Symptoms may include skin reddening, blisters or rash.

These could be signs of a serious condition. If these reactions occur, stop use and seek medical assistance right away.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by visiting the website [npra.gov.my](http://npra.gov.my) [Consumers → Reporting Side Effects to Medicines (ConSERF) or Vaccines (AEFI)]

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## 7. Storage and Disposal

### -Storage

Store below 30°C. Do not use beyond the expiry date printed on the packaging components.

Keep out of reach of children.

### -Disposal

Medicine should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

## 8. Product Description

### -What it looks like

It is a white to off white, round with "500" debossed on one side and plain on the other side.

### -Ingredients

Active ingredient: Paracetamol

### Inactive Ingredients:

Sodium starch glycolate, sodium lauryl sulphate, pre-gelatinised starch, pladone, croscarmellose sodium, colloidal silica purified water and magnesium stearate.

### -Registration Number

**Terrafast 500mg Tablet**

MAL XCZ

## 9. Manufacturer

AV Manufacturing Sdn Bhd (667760-v)  
Lot 10621 (PT16700), Jalan Permata 2,  
Arab Malaysian Industrial Park 71800  
Nilai, Negeri Sembilan.

## 10. Product registration holder

Vismedic Sdn Bhd (890098-W)  
No.28B, Jalan BP 6/6, Bandar Bukit  
Puchong, 47120 Puchong, Selangor.

## 11. Date of revision

20 Oct 2020

## Serial Number

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